

# Life Cycle Role Plays

Make a mimed drama out of an animal life cycle!

5 - 9

Drama



The frog life cycle consists of three main stages – egg, tadpole and adult frog. The process of change is called metamorphosis. Investigate other species which metamorphosise.

Using **drama** and **music** to tell the story of the life cycles of frogs, butterflies, chickens, dragonflies etc is a great interdisciplinary approach. It allows you to cover outcomes from **life science** alongside **drama** and other **expressive arts** such as **dance** if you put it to music.

Give the activity a **literacy** angle by writing the story of the life cycle from the animal's perspective.

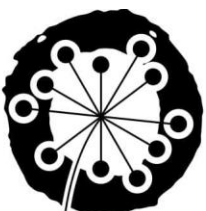
**Equipment:** None required

## Activity

- You are a newly laid egg in a frog spawn mass. Curl up into a ball. For multiple people huddle together in your curled-up positions.
- Start to open and get to a standing position the egg begins to hatch.
- You are now a tadpole. Begin to move around with your feet together and hands at their side.
- Back legs start to grow – shake both legs and begin moving with legs wide apart. Arms must still be by your sides.
- Your front legs appear next- wiggle your arms from the elbows down, upper arms must still touch your sides.
- You are now breathing with lungs, puff your cheeks in and out as you move around.
- You are a fully developed frog now, so hop around, puffing your cheeks in and out.

## Extension

- Write the diary of a tadpole changing into a frog?
- Film the mime and put it to music – like a life cycle dance



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