

## BRILLIANT PARENTS - MAY 2022

### Parent Support Programmes for the London Borough of Brent, Harrow & Hammersmith and Fulham

S/N	PROGRAMME TITLE	DELIVERY DATE	BOROUGH/TIME	LOCATION
1	Building Teenagers' Survival Skills	Tuesday 3 <sup>rd</sup> May	10-12 noon	zoom
2	Hassle Free Shopping	Friday 6 <sup>th</sup> May	10-12 noon	zoom
3	Coping with teenagers' emotions	Tuesday 10 <sup>th</sup> May	10-12 noon	zoom
4	Getting Teenagers to Cooperate	Friday 13 <sup>th</sup> May	10-12 noon	zoom
5	Dealing with Disobedience	Monday 16 <sup>th</sup> May	10-12 noon	zoom
6	Developing Good Bedtime Routines	Friday 20 <sup>th</sup> May	10-12 noon	zoom
7	Managing Fighting & Aggression	Tuesday 24 <sup>th</sup> May	10-12 noon	Zoom
8	Reducing Family Conflict	Friday 27 <sup>th</sup> May	10-12 noon	Zoom

To register for **any or all** the Discussion Groups, kindly complete and submit **both** the registration form and parenting experience survey at these links:

<https://www.brilliantparents.org/brilliant-parents-bl-registration-form/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>