


Hammersmith And Fulham Children Centres Timetables

Date: July ~ September 2022

0208753 6070 Option 2 for Bookings or Children Centre Information.

Children Centre	Monday	Tuesday	Wednesday	Thursday	Friday	
Fulham Central Children centre, Fulham Court, SW6 5PG	 Baby Massage 8 weeks – 8mth 1.30 -2.30	Learn & Play 9.45-11.30 0-5 Years	Learn and Play 1.00-2.30 0-5 years	OM:POP 10.00-11.00 0-5 years Weekly Family Yoga and Mindfulness open to all parents & children to attend.	Giggles & Wiggles Baby group 9.30-11.00 New-born -10 months Pregnant mothers welcome.	Rose vouchers available please ask staff for more information. Om:Pop Family Yoga & Mindfulness online. It's for families and children of all ages. Search Facebook: - The Virtual Family Centre LBHF
				Me, Myself & Baby 5-week session Helping you enjoy parenting Call children centre for more information Invite only		
Old Oak Children Centre 76 Braybrook Street, W12 0AP	Parenting Gym 9.45-11.45 Parenting programme 6 weeks sept start. Invite only all sessions need to be attended. Call for more details	Little Explores Learn & play for children with SEND 10-12 September 13th start	OMPOP 10-11.00 0-5 years Weekly Family Yoga and Mindfulness session	Learn & Play 9.30- 11.30 0-5 yrs. Cooking & energetic fun with Wiggle Waggle		
		Baby Massage 8 weeks – 8mth 1.00 -2.30				
Randolph Beresford Family Annex, New Zealand Way, W12 7DE			Learn & Play 9.30-11.00 0-5 years	Messy play 9.30-11.00 0-5 years	Talk Matters 10.30-11.30 5-week programme to help develop child's language Invite only please call for more information	

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