

UNDERSTANDING AUTISM & ANXIETY in the Early Years

****NEW** MODULE
FOR 24/25**

Maintained Nurseries, School EYFS & PVI's

Outline

The **INSPIRE Autism Team** are hosting an accredited Autism Education Trust training opportunity. This training is within the *Universal Offer, Ordinarily Available Framework* and so will enable all **staff working in an Early Years setting/school** to identify causes of anxiety and consider reasonable adjustments that can be made to support young autistic children.

Following training, you will be able to:

- ✓ Understand that autism is a difference rather than a deficit or disorder.
- ✓ Recognise the Three Areas of Difference in autism and how these can impact on a child's levels of anxiety.
- ✓ Recognise the first step to helping a child is to learn about them, their triggers and their preferred means of support.
- ✓ Reflect on practice and implement reasonable adjustments to reduce anxiety in autistic children.

(one session will give you **complete** Understanding Autism & Anxiety AET accreditation)

AUTUMN TERM (2)

DATES	TIME	Full Module
Tuesday 3 rd December	9.30 - 11.00am	complete
<i>or</i>		
Tuesday 3 rd December	3:30 - 5:00pm	complete
<i>or</i>		
Tuesday 3 rd December	6:00 - 7.30pm	complete

Book in advance for your training at inspire@lbhf.gov.uk

*****please note that Training session has a minimum of 3 delegates and may therefore be cancelled if below this***

******INSPIRE will also provide bespoke session(s) for individual settings – day/time at your convenience. Contact Andrea Boswell to discuss: andrea.boswell@lbhf.gov.uk***